

# The Secrets to a Millionaire Mind



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# The Way We Think

This chapter will give you tips on how to think about cash the way the wealthy do. It will help you become financially smarter also.

#### **Our Brains**

The greatest misconception about being wealthy is that you have to flaunt your wealth to show individuals that you're wealthy. Believe it or not, there might be millionaire families on your street and you'd never know it.

That's because most millionaires look like regular individuals who don't flaunt their wealth. They own regular houses and automobiles. They might have a few luxuries but most average millionaires can't be spotted on a daily basis as they prefer it to be that way and don't show off their wealth.

You have to memorize the difference between an asset and a financial obligation. An asset is something that puts cash in your pocket without you having to execute much work for it.

A financial obligation is something that takes cash out of your pockets and doesn't put cash in your pocket. If you wish to be wealthy, you demand to acquire as many assets as possible and do away with as many financial obligations as possible.

The wealthy are concerned with educating their youngsters on the importance of having a good financial education as opposed to a common, more traditional education youngsters are taught in school.

They know their youngsters aren't going to study financial skills in school on how to produce cash with their ideas and businesses or learn the info they require to get wealthy and stay that way.

Consequently, you need to teach your youngster the real rules of cash and value that education a bit more than a college education. I'm not telling you to tell your youngster not to go to school. I'm telling you to instruct them in the importance of having a great financial education.

The wealthy are concerned with producing as much passive revenue as they may and working less and less for earned revenue. This, they know will help them continue getting wealthier and richer. You goal ought to be to earn as much passive revenue as you potentially can and convert earned revenue from a occupation into passive revenue.

Be open-minded. It is so simple to have preconceived notions on a matter, but fight the urge and listen to the statement or issue presented to you.

Don't draw to speedy conclusions even if they look apparent. Think of it as attempting to solve a mystery on TV. The evident answer is rarely the correct one. Reaching the answer involves gathering facts and discarding biases.

Believe outside the box. I'm sure you've heard this phrase but it's the critical thinker's motto. Believe differently than everyone else. It's simpler said than done but a trick I utilize isn't reading or listening to others ideas till I have drawn my own conclusions. It's so simple to be drawn into one way of thinking once hearing another's ideas so do your best to abstain till you trust you've solved the issue.

A different trick I find helpful is to try and believe like a youngster. I know this appears silly, but it's amazing how young kids may solve riddles before adults may. They believe on a completely dissimilar level and rarely over-believe things as most adults do. It all calls for practice.

Explore statements. I can't say enough on this matter. Erroneous statements are made daily and "poor" thinkers take them and run.

They don't bother to check the facts for truth; it's much easier not to. They'll eventually look like fools when the garbage they've been repeating is proven false and any believability they had will be gone. Believability is everything.

Check your facts before you repeat them and you'll gain believability and the respect of other people.

## What We Bring About in Our Lives

If you saw 'The Secret' then you're likely convinced that the Law of Attraction is real and it works. But you may be wondering what you're doing wrong since you are able to manifest pocket change, and perhaps a gratis cup of coffee, or perhaps even a 5 dollar bill on the floor of the supermarket, but you're having a hassle stepping it up to anything life changing. Keep reading for a couple of pointers.

#### What We Get

Keep increasing your awareness. My fresh theory is this: Your power to manifest your wants is directly corresponding to the amount of awareness you have. Attempt to notice when you are saying damaging words, or believing damaging thoughts and repeat them directly in a positive and affirming way.

You are attracting those damaging topics to yourself, rather than great matters that you may still trust you don't deserve or you can't possess. We all merit everything we ever wanted and more. It's an issue of working with our own personalities and energy flows to work out how to draw in those matters.

To evidence cash you must be specific with cash. You must produce and design affirmations about cash and financial abundance. As frequently as you may think of it, say aloud, or to yourself, 'I'm a cash magnet. I merit financial abundance. I'm now drawing in all of my wildest desires. There's more than enough cash for everybody, including me.'

These phrases and sentences will pick your energy vibrations up to an elevated level, and help to re-train your brain to believe and live inside an abundant life-style.

This likewise helps you to be alert to any fresh chances, which come your way. Let's face it. 1000000 dollars is likely not going to turn up in a suitcase on your porch, unless you get into some truly fishy stuff. You are likely going to have to make some sort of moves in order to produce that 1000000 bucks, so you are going to want your brain to be prepared to pick up on the hints.

When you start drawing in abundance in little ways, it will get simpler to appreciate, have gratitude, and draw in matters, which YOU see as larger and more crucial. Don't forget, it's all the same to the world. It's you who trusts you're allowed to draw in a new auto. Cash is cash to the universe, and abundance comes in all forms.

This is a great one. This is the one that's working for me. I've studied and read about the Law of Attraction and I recognize that damaging begets more damaging, and favorable vibration brings abundance. What I was lacking was the fretting. I may say a hundred

times a day, 'I'm a cash magnet,' but I was still fretting and fussing about paying the bills, mending the car, purchasing food, etc.

Till I realized that, the subconscious fretting wasn't assisting my cause one bit. It's hard to go that deep into your lifelong thought blueprints and release profoundly embedded power blocks, unless you are able to talk to a pro. So rather than attempting to trick myself OUT of fretting about cash, I chose to begin fretting about the opposite.

Today I worry about what the heck I'm going to do with all this cash. Every time I catch myself fretting, I change the target of what I'm fretting about. I've determined that my accountant will be truly upset with me as I bought a Porsche for each day of the week, rather than just the one that we budgeted. I likewise wonder how I'm going to keep all these disbursals straight, as I have so much cash, I truly don't want individuals taking advantage of me.

I grew up pitiful, so I'm not totally certain I know how to handle all this cash. I'm so worried that I may now hire the right individuals to keep track of all these trips, automobiles, houses and jets that I now own.

In order to bring about cash, you have to work out your own personal relationship with cash and tweak it. Work out how you feel about cash, if you have any dark and deeply implanted opinions or reactions towards cash, or if you've learned a particular thought pattern regarding cash.

Increase your cognizance, recite cash affirmations, and if you are a worrier, simply begin fretting about what the heck you are going to do with all this cash.

# Do You Play to Win or Lose?

Of all the fabled sports figures, golf's Tiger Woods frequently is the first who comes to your brain when you entertain the psychology of winning.

But the mentality of a winner goes far past the sporting fields of competition; instead, it extends to relationships, family, career, and money. Much of winning is a mental stake, a readiness by design, a design preplanned in your brain.

## **Accomplishments**

The older adage that "nice guys come in last" is likely simply that--an older adage. Many experts state that being prepared is your most beneficial bet for success.

Readiness comes in a lot of different forms. An athlete gears up his body for competition by training, a pupil sets up her brain for an examination by studying and a policeman with intense training. When one's body and brain are correctly prepared, the psychological effect of turning into a winner is greatly heightened.

In order to understand how to get to be a winner, you likewise have to learn how to lose. Valuable lessons may be acquired by losing. It is significant to remember that losing isn't an indictment of your inability; instead, it ought to be viewed as a learning tool utilized to better your skills. The act of losing may be made positive by managing future emotions and analyzing pitiful performance.

Many psychologists believe it's hard, if not nearly inconceivable, to win without first founding a distinct set of goals. Your goals, all the same, have to be accomplishable and not beyond fair expectations. Formulating goals, your blueprint for success, is the first step to winning.

Simply as crucial as establishing an honest set of goals is envisioning success. If an individual can't see being a winner, he never will. At large, many individuals find it less nerve-wracking to "not lose" than to win.

Too many individuals, losing is easier than winning. Winning is a composite process that involves preparedness, training, dedication and goals, a formula that frequently is beyond the mental ability of many. Those who have the power to envision themselves as winners get simply that with preparedness and dedication.

If you've never won, winning means redefining yourself. For many, it's merely easier to remain the same individual you've always been instead of get somebody whom other people will hold in elevated regard, envy and even criticize.

In order to get to be a winner, you have to prepare, produce goals, and acquire a vision and act. Plainly put, believing that it is simply as easy to win as to lose and abiding by a

design for success will go a long way to accomplishing your winning goal, whether it be in sports, family or career or money.
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# The Difference Between Dreaming and Doing

You are able to achieve any goal if you work at it and trust in yourself. Regardless what you wish to accomplish, whether it's singing with a rock group, beginning your own business or becoming wealthy, abide by these steps and you will soon be well on your way to the life you've always conceived of.

#### Do You Act Or Dream

The first reason most individuals don't get what they wish is that they don't know what they wish. Wealthy individuals are totally clear that they want wealth. They're unwavering in their desire. They are totally dedicated to creating wealth. As long as it's legal, ethical, and moral, they'll do whatever it takes to have wealth. Rich individuals don't send mixed messages to the universe. Poor individuals do.

Remain positive. Acquaintances, neighbors and colleagues might tell you why you can't accomplish your goal. Simply disregard them and carry on pursuing your dream till you achieve it. Cast out thoughts of failure from your psyche as soon as they come up. There's scientific evidence that favorable thought does work, so turn over that fact if you have temporary doubts about accomplishing your goal.

Figure out a plan. Decide on a goal and then work out what you have to do to get there. It might call for taking classes, slimming down, moving to a different city or something as challenging as producing a movie. Arrange small goals, like stepping stones, to your ultimate accomplishment. Reward yourself each time you accomplish one of these minigoals.

Write it down. Sustain a success journal or diary. Arrive at lists of what you need to achieve each day to accomplish your goal. Draw pictures or cut out magazine clippings to prompt you and remind you of your wanted results.

Envision the desired result. Think about being a successful, confident business owner or wealthy or whatsoever you wish to be. Keep your goal perpetually on the "front burner" till you achieve it.

Hang in. Some days the road to your goal will run more swimmingly than others, but never misplace faith. Step back and alter your approach if the situation merits it. Remember the saying "Rome wasn't built in a day" and don't quit, even if things appear bleak.

Learn from other people. Talk to others who have accomplished the same goal you're going after. If you wish to be wealthy, contact other wealthy people or frequent message boards associated to that. By finding out how others achieved the same goal, you'll learn what to do and what to keep away from.

Read inspirational books and sayings. From "The Seven Spiritual Laws of Success" by Deepak Chopra to old favorites like "Think and Grow Rich" by Napoleon Hill, select from a plethora of books to keep you motivated and give you new thoughts.
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## **Are You Thinking Big**

Our culture cannot seem to make up its mind about the value of ambition. On the one hand, we praise those who work hard and accomplish hard goals.

On the other hand, we put individuals down for being selfish and power-hungry, and we frequently take pleasure in seeing powerful celebrities fall.

No wonder so many individuals have assorted feelings about being ambitious. On top of that, the goals they wished they cared more about might not truly be their own. In order to settle conflicts about ambition, you have to get a clearer thought of what you truly wish.

## **Thinking Big**

Enquire of yourself what you think you ought to be accomplishing. Then enquire of yourself if that is something you truly wish to accomplish, or if you are attempting to live out somebody else's notion of what you ought to be doing. Some of the times a lack of ambition is a sign that you are protesting doing something that is not correct for you.

Think about what you'd accomplish if you could accomplish anything and didn't have to worry about cash. Write out your purpose in life in one sentence. Try out career counseling or self-help books if you are not certain what you wish to accomplish. Lack of ambition might stem from not having discovered goals that are correct for you.

Enquire of yourself if you are so frightened of failing that you would rather not even attempt to accomplish your goals. Fear of failure may be a dream killer. Becoming cognizant of your fear is the first step in addressing it.

Break down your goals into littler, more manageable chunks if you are experiencing overwhelming feelings. Take one step at a time, and give yourself payoffs for your progress. If you have given up and lost ambition because your goals looked out of the question, you might simply have to organize your work differently.

Present yourself permission to be ambitious. Ambition might have a bad reputation some of the times, however if you act ethically and set worthy goals, there is nothing wrong with working hard to accomplish them and nothing wrong with wishing to acquire credit for what you have done.

Ask yourself if you wish to live a hard-driving competitory life or if you prefer to be easygoing -- or something in-between. The more you get in touch with what you truly wish, the happier you are in all likelihood to be.

## **Roadblock or Chance**

Once you dwell on the damaging aspects of life and equate your failings to another's successes, you are able to become depressed and discouraged. You have heard that a positive mental attitude will better your outlook; however, you might find it hard to see the silver lining once dark clouds loom. Attempt a couple of methods to retrain your thoughts.

#### Take A Good Look At You

Live for yourself. Once you perpetually attempt to be the person other people wish you to be, you cheat yourself out of individuality and your own aspirations. Take a long hard look at what you wish out of life and design your daily routine to include at least one or two elements that cause you to get your goals closer.

Comprehend that even if you can't control outside conditions, you are able to controller your response to them. If you are currently working in a dead-end job with a boss who's degrading, make a conscious effort to tell yourself that his poor behavior may make you upset only if you let it.

Leave your work at the office, mentally that is. Once you step outside after a stressful day's work, tell yourself that you have all day tomorrow to deal with the troubles and mentally switch gears by thinking something favorable or planning your future vacation, even if it's months away.

Slow up. Once constantly pressed to finish tasks, you are able to develop a damaging mental attitude towards life. If time is a commodity, work out how you are able to schedule your chores more efficiently. Simply by getting up 15 minutes earlier every day, you will have the time to say hello to your neighbor, pet a pup or simply gaze out the window at the rain.

Learn something new day-after-day. You are able to encourage a positive mental attitude by always providing something fresh in your life. As a youngster, your curiosity led you to explore and learn. Recapture that feeling now by taking a night class, studying a fresh language, learning to garden or anything else that interests you.

Arrive at a list of the favorable aspects in your life. Include your accomplishments. If you are a humorous individual, put that on the list. If you are able to play the violin or you know a lot about dogs, include those aspects. Arrive at a long detailed list of everything that you do well or at least that is not damaging. Read the list once you require a mental boost.

Help other people. Poking out a helping hand to those in need makes you feel needed and worthwhile. Make it a habit to volunteer for charitable organizations. Assisting other

people allows us to be grateful for the blessing we have and helps us maintain a favorable mental attitude.

Envision drawing in and receiving cash and wealth. For instance, you may spend several minutes every day seeing yourself receiving checks and money orders in the mail for products or services you sell.

You may also cut out photos and images of dollar bills and coins, paste them onto a piece of paper or cardboard and hang the images on your bedroom wall or above your office space at home, places where you frequently go so you see the photos and images many times a day.

Hold favorable feelings or vibrations about cash. By sustaining positive vibrations, you may attract and manifest wealth and cash. "The Law of Attraction" states that like draws in like.

Consequently, if you feel favorable emotions when you consider getting cash, you may draw in more cash into your life. When you see others with cash, feel appreciation for what they have. Each time you get cash, feel great about it and those occurrences will step-up.

Write positive affirmations about wealth and cash. For instance, you may write, "I'm receiving more and more cash each day from the sale of my fresh books and audiotapes." You may likewise speak favorable affirmations.

Composed or spoken, positive affirmations help train your subconscious to produce and find ideas, insights and action steps you may take to get cash. As you continue to write and/or speak favorable affirmations, your subconscious will go on to work to attract the wealth you wish.

## You Have to Promote

Some people are not so thrilled with any promotion regardless of how it may benefit them. If this sounds in any way like you, it's a crucial feature to notice about yourself. Resenting promotion is among the greatest obstacles to success. Individuals who have issues with selling and promotion are commonly broke. It's obvious.

How can you produce a large income in your own business or as a representative of one if you aren't willing to let individuals know that you, your product, or your service exists? Even as an employee, if you aren't willing to promote your virtues, somebody who's willing will quickly bypass you on the corporate ladder.

#### **How To**

If you're new or experienced with making cash on the net you know that the more knowledge you have is a good bonus. Web site marketing is a way to produce an additional income source that you may do from home. Most of us have already purchased merchandise on the net. Here are a few ideas to become a seller rather than a buyer.

First if you're going to make a web site there are a lot of different options like dreamweaver, front page and some other software platforms that may be utilized to make a web site. If you've the cash, you may always hire a web master to make one for you. The net is full of individuals that you may hire to make a web site. It's most crucial that the product or service is unique. You may turn a hobby into a cash making business on the net and a well-designed site.

Once you've decided on the product you need to have a way for the purchaser to pay for it. Sites like Paypal and Google merchants make it really simple to place a purchase button on the web page. There are a lot of other merchant services that you may utilize that accept various charge cards and are totally secure. When you do that, your site will be set up with your payment button. Make certain you've a return policy in place this will ease the mind of the purchasers that they may return the product if they want. A thirty-day cash back guarantee is great.

After your site is online, you have to begin getting traffic to the web site. You may advertise in a lot of free classifieds sites, you may utilize Google adwords also simply make certain you totally understand Adwords before you begin putting cash into it. You may utilize Craigslist simply make certain not to spam and utilize the correct category. A different great way is to begin a blog about your product and compose articles and link to your web page. Writing articles is good particularly when buyers are seeking a certain product.

If you've a popular product you may sign up for a merchant account at sites like Shareasale or Commission Junction, simply be aware it's expensive to get going. With a profitable affiliate program, you'll be able to get affiliates to join you and begin marketing your product. The more in commissions that you pay your affiliates the better; it will make you more cash in the long haul. Make certain to check your web site for broken links search engines don't like them. You may try releases and article marketing, simply make certain not to spam. You may compose articles, utilize Goarticles, and put a link to your web site. Some article sites don't allow linking so you need to study their TOS.

## **Making it Work For You**

The saying goes "You are what you eat" then the same is real with what you think and who you hang around with. Having a Millionaire mindset will have to deal with your own thought formulas, thinking, cash habits and who your friends are.

#### Make It Work For You

You are who you hang around with - If you acquaintances are all on social welfare then your power to have a millionaire mentality will be limited to a social welfare mentality.

Sadly, we'll need to cut ourselves off from people who are negative thinkers. We'll have to find and make fresh friends who have already succeeded and have the millionaire mindset.

Produce a budget and attend positive motivational seminars. This is likewise a good way to find like-minded people. Also, regardless how boring it may get continue to listen to success audio tapes and CD's or on your MP3 player.

Quit listening to negative journalism. Catch yourself in what you say, do and believe! Are they actions of a millionaire mentality? If not then quit and replace with a more favorable thought and action.

Fake it till you make it! The only way to accomplish that millionaire mentality is to tell yourself daily morning noon and night that you're successful; you've accomplished success and will accomplish success. The subconscious mind doesn't know the difference. Soon your thoughts will afford fresh possibilities. Be creative.

Everybody has to begin somewhere and it has utterly nothing to do with race, age, location, parents, training, religion, winning the lottery, being born with a gold spoon in mouth etcetera. I, for instance, am the best motivational speaker in the universe and am available for speaking engagements.

I draw in only positive thinking individuals who are happy to pay me \$10,000 for a speaking engagement. Next week I'll be charging \$25,000 for my engagements. Period! Done! If other people are able to do it then so may I. Thank you world!

Have fun with the procedure and refuse to let other people (even successful people) to tell you what to think! Utilize your own God given intuition and be great. At the same time, we have to be open-minded and accept to our own errors and learn from them.

## **Final Words**

The opening move is making a point you have a wealth of support in whatever enterprises you are hoping to accomplish in life. I've always had good mentors in my life that gave me the support I needed when I felt lost or lonely.

It's this support system that keeps you on track; much like a lighthouse keeps transports from crashing into the shore. Consider what produces great value for you in life and go for it. Value is a different word for wealth, and if you're not already aware, individuals are just as gravitated toward wealth as they are value.

Learn to honor the riches you already have in your life. It doesn't matter how much you have in your bank account or if your living in a alley. You have to first construct a baseline of what you're grateful for and center on that as a building block to the following advancement.

What I mean is that you have to be wealthy subjectively before it may manifest objectively.

I'll present you an illustration. You may make 500 dollars an hour and that would sound rich to the average individual, but if you spend 800 dollars an hour on things you believe you want but don't truly need, you'll always be poor regardless how much you bring in.

Produce synergy with all your systems of wealth to acquire more wealth. I'll give you an illustration.

I exercise to keep my physical health rich, which in turn makes my mental wealth rich. The gain in mental and physical wealth causes me to acquire more in life, and when I mean more, that could be cash, relationships, power or what have you.

Wealth is more about a sort of mentality then it is a physical value, constantly remember that.